



17<sup>th</sup> January 2022

Dear Parents/Carers,

### **Introduction**

We are pleased to welcome back our students to school who have completed their first full week. You will receive regular communication and information from the school focused on and around how we are all able to promote and keep our children and students, safe, well, healthy and ready for the world beyond the Coleshill School.

### **Face Coverings**

The staggered start to the term has allowed for us as a school to continue to test as many of our students as possible using lateral flow devices to decrease the risk of transmitting COVID. We would like to thank you for your continued patience and support as we navigate the guidelines that are released by the DfE to keep our students, staff and local community safe. As part of these guidelines, we ask that our students continue to wear face coverings in communal areas and in lessons. We are pleased that our students are responding positively, and wearing their face coverings when requested. Students should be continuing to test twice each week and if your child needs any additional Lateral Flow devices, to let their form tutor know and this can be arranged.

We would like to ask you to continue to support us as a school by discussing with your child the importance and the reason why masks are being worn and for further advice and a useful video on how to do this, see the link below. We understand as a school that there are circumstances where students may not be able to wear a face covering – for example due to illness, impairment or disability, or where communication relies on lip reading, clear sound or facial expressions – and if this applies to your child, they are encouraged to speak to their year leader or trusted adult in the first instance.

- **Supporting your child in understanding the importance of wearing a face covering:** <https://kidshealth.org/en/parents/coronavirus-masks.html>

### **Attendance & Mental health**

As a school we are encouraging all of our students to attend and come to school for their personal development and to ensure continued fluency in their education. The most recent government guidance also reinforces and supports the message, unless students are isolating as a result of a positive COVID test. The reason for expecting high attendance to school is that we understand the potential impact that COVID has had on both students mental health, well-being and learning.

We as a school are working hard to ensure that we adapt our curriculum, provide the essential support for students and families who have found the impact of COVID difficult and to reassure you that we are putting in place numerous measures to ensure the safety and well-being of everyone, so students feel confident in coming to school.

We therefore again, ask you to support us by ensuring that your child attends and engages in school each day.

If you require any additional support for yourself, family or child, please contact the school or see below for some useful websites and contacts of external providers.

- **Adult support:** <https://www.nhs.uk/every-mind-matters/coronavirus/mental-wellbeing-while-staying-at-home/>
- **Student support:** <https://www.youngminds.org.uk/young-person/>



### Wellbeing & Health

To support positive routines and ensure that our child is ready for school, able to focus in lessons and be prepared to learn, sleep is vital. Ensuring that your child has enough sleep and goes to bed at a reasonable hour can positively impact their mood, reduce stress and levels of anxiety. Sleep deprivation is quite common, can affect anyone and statistics suggest that this affects 40% of adults and 50% of children (80% with a SEND diagnosis). With some simple and accessible interventions, this can be easily resolved and for guidance and support, please see the links below from the National Sleep charity that helps anyone with sleep issues:

- **Adult support:** <https://thesleepcharity.org.uk/information-support/adults/>
- **Student support:** <https://thesleepcharity.org.uk/information-support/children/>

### New RSCHE Policy

Please see the below link, which takes you to the ATLP RSHE policy. A lot of work is happening in school to ensure that the RSHE provision for all students is the best it can be, this includes curriculum provisions for year groups, which you can find in the document. This policy also covers several aspects of student well-being which we will explore through this blog in the coming weeks and months.

- **RSCHE link:**  
<https://coleshill.warwickshire.sch.uk/files/2022/01/ATLP-Secondary-School-RSE-and-Health-Education-Policy-October-2021-002-.pdf>

As part of our ongoing work with the school community on RSHE, we would very much value your feedback on the policy, which can be sent to Mr Jordan (Assistant Headteacher and lead for RSHE) on [Jordan.s@thecoleshillschool.org](mailto:Jordan.s@thecoleshillschool.org)

### Parent View and Student Voice (Feedback)

We always want to ensure that we are doing our very best for you and your child and to do this, as a school we need and value your feedback.

Therefore, please see the below links where you are able to contribute and share your views about the school for us to continue to develop and improve our approaches, systems and offer.

- **Parent View:** <https://coleshill.warwickshire.sch.uk/parents/parent-view/>
- **Student Voice:** To compliment the parent view, a student voice survey/questionnaire will be completed by your child during form time next week

If there is any additional information or support that you require, please do not hesitate to contact the school

Yours Faithfully,

*R Brindley*

Miss Brindley  
Deputy Headteacher and Senior Safeguarding Lead