



April 2022

Dear parents and carers

It's a crucial time for all students as we approach the Easter break and I thought it might be useful to outline a few important key messages below.

Year 13 exams begin in earnest on May 23rd (though there are a few the week before) and Easter needs to be used productively for revision.

Year 13 have had a good deal of advice about exam preparation and should already have made inroads but much of it boils down to having a plan and sticking to it! We recognise that formal exams are something of a novelty and we have therefore spent time preparing students thoroughly.

A few essential tips:

- A revision timetable is a must to give structure and focus. Plan, say, three blocks a day through Easter with treats (whatever form they take) during downtime
- Eat well, sleep well and exercise well
- Use exam specifications
- Don't highlight aimlessly – rework material to make it stick
- Have your own revision space if possible
- Practise past papers and questions relentlessly

and a good deal of effective advice can be found on this website: [Making the grade: A\\* students share their revision tips and secrets - The Uni Guide](#) and this one [AS & A2 LEVEL \(A-Level\) Revision | Revision World](#) has a wealth of practice papers to look at.

A number of subjects are running Year 13 Easter revision sessions in school. Please encourage your son/daughter to attend where possible. The sessions are as follows:

Art - Thursday 14<sup>th</sup> April 10-2

Geography - Thursday 14<sup>th</sup> April 10-1

Sociology - Friday 22<sup>nd</sup> April 10 -11.30

Psychology - Friday 22<sup>nd</sup> April 12 – 1.30

We're also very aware of the stresses and strains of exam time and students may be interested in looking at this [Meditation and Sleep Made Simple - Headspace](#) which is a 'mindfulness' guide to help students maximise mental health. We also recommend [Home - Kooth](#) which has resources to support students with wellbeing.



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Can I also remind parents/carers that there is a face to face parents' evening the first week after the Easter break on Thursday 28<sup>th</sup> April. You should already have had notification of how to make your appointments.

Also a reminder that, for those going to university, the Student Finance England portal is open for students to register and make their application for loans. Don't leave it too late.

With best wishes for an enjoyable Easter break.

Yours faithfully

Mr G Owen  
Head of Sixth Form

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