

# Health & Social Care Level 3 Extended Certificate

Year 12

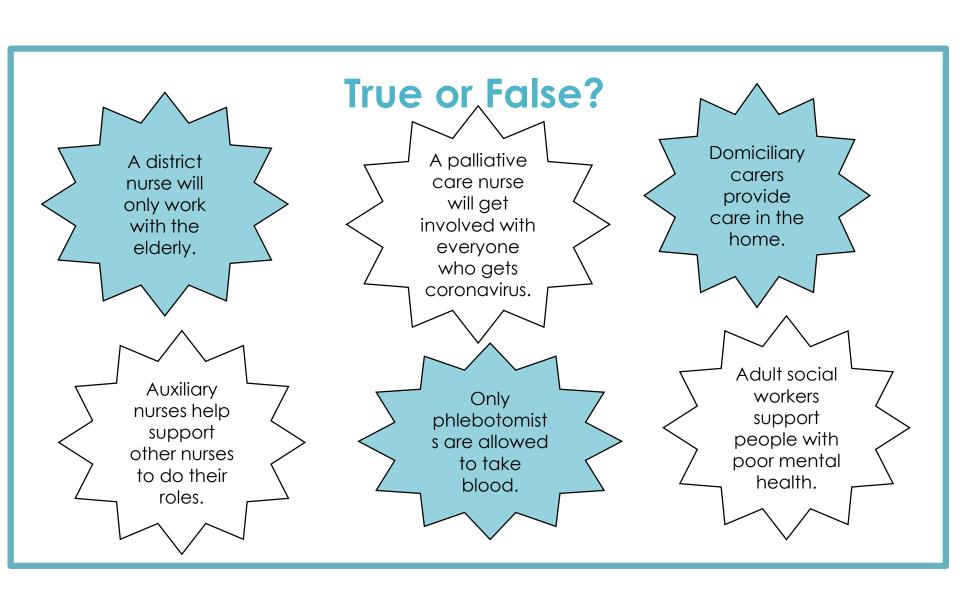
# Challenge...

Challenge

Write all you can about the NHS in 1 minute.

You might include a description of what the NHS is, what it does, who works for the NHS and what the NHS means to you?







### Pearson Qualification Structure

- This is an option course, leading to a BTEC National Level 3 Extended Certificate - equivalent to one A **Level**, a two year programme.
- You will have the opportunity, through applied learning to develop the core specialist knowledge, skills and understanding required, for working in the health and social care sector.
- You will have different teachers, teaching you different units but this is planned and organised.



### Pearson Qualification Structure

There are 3 mandatory units that you will be covering. These are:

- Unit 1 Human Lifespan Development (exam)
- Unit 2 Working in HSC (exam)
- Unit 5 Meeting Needs (course work)

There is 1 optional unit that you will be covering

 U12 – Supporting Individuals with Additional Needs (course work)

### **Course Work Units**

- The internally assessed units, **assignments**, all work in the same way.
- You will be taught the subject content and make notes in lesson, you will need to make notes in your exercise book.
- After all the subject content has been delivered by your teacher, you will be issued with an assignment brief to complete based on the topic areas covered.

### **Course Work Units**

- Once you are working on the assignment, your teacher is there to guide you but can't give any more assistance on how to complete the unit, it will be your responsibility.
- You will have a hand-in date for each assignment
- You must hand in work on that date, always
- I'll repeat that, you MUST meet all deadlines ©

### **Course Work Units**

- The teacher who has delivered the unit will then assess your assignment work and give you feedback, on whether or not you have met the assessment criteria, for **Pass**, **Merit** and **Distinction**
- If you have attempted a **P**, **M** or **D**, but not quite met the criteria then you may have the opportunity to resubmit your improvements
- You must meet this second deadline.







### **Exam Assessed Units**

- The content will be delivered and you will make notes in your Revision book.
- There will be mock exams to get you ready
- You MUST revise and try your absolute best
- It's best to avoid the need for a re-sit so get your best grade, first time





### **Exam Units**

#### Unit 1 – Human Lifespan Development (90 GLH)

Learning about aspects of development though specific age stages such as changes to physical, intellectual, emotional and social development

#### Unit 2 – Working in HSC (120 GLH)

Rules and regulations to ensure the safety and meeting needs in working practices

### Course work Assessed Units

Unit 5 – Meeting Individuals Care and support needs (90 GLH) You will learn a range of theories and apply this knowledge to two case studies

Unit 12 – Supporting Individuals with Additional Needs (60 GLH) Exploring how to support people with a range of additional needs.

### Year 1

Coursework - Unit 5 – Meeting Individuals Care and support needs (90 GLH) You will learn a range of theories and apply this knowledge to two case studies

# Exam - Unit 1 – Human Lifespan Development (90 GLH)

Learning about aspects of development though specific age stages such as changes to physical, intellectual, emotional and social development

### Year 2

Coursework - Unit 12 – Supporting Individuals with Additional Needs (60 GLH) Exploring how to support people with a range of additional needs.

#### Exam - Unit 2 - Working in HSC (120 GLH)

Rules and regulations to ensure the safety and meeting needs in working practices

#### National Extended Diploma in Health and social care

#### Exam

Unit 1: Human Lifespan
Development

Unit 2: Working in Health and Social Care

Unit 3 - Anatomy and Physiology for Health and Social Care

Unit 4: Enquiries into Current Research in Health and Social Care

#### Coursework

Unit 5: Meeting Individual Care and Support Needs

Unit 6: Work Experience in Health and Social Care

Unit 7: Principles of Safe Practice in Health and Social Care

**Unit 8: Promoting Public Health** 

Unit 9: Infection Prevention and Control

**Unit 10: Sociological Perspectives** 

Unit 12: Supporting Individuals with Additional Needs

Unit 17: Caring for Individuals with Dementia

**Unit 19: Nutritional Health** 

# Student Responsibility

- 1) You will need **writing pens** and coloured pens, colouring pens, come to lessons prepared.
- 2) It is a good idea to have your cloud storage set up to save your work on and get into the practice of **emailing your work**, so you can work on it both in and out of school.

You will be a sixth form student so there are also **behaviour expectations** too!

# Get organised



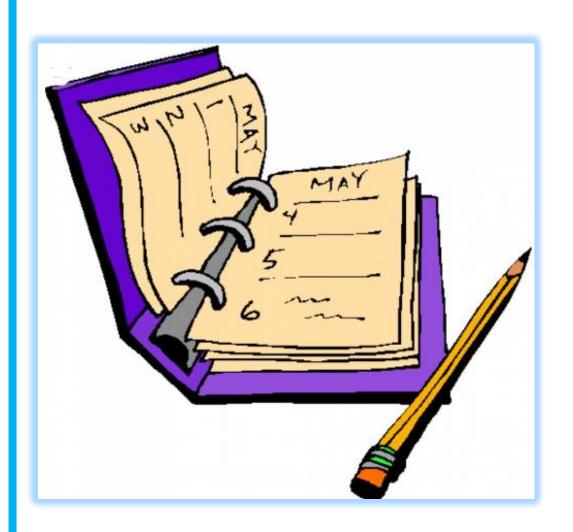


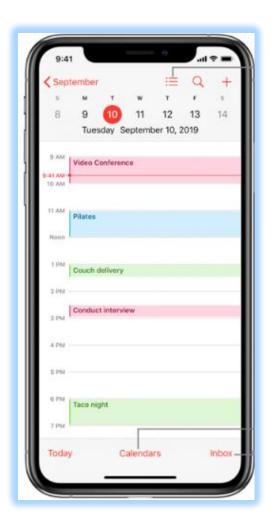


### **Student Homework**

- You will have pieces of homework to complete for each unit to broaden your understanding of the course work topics and you need to be working on your coursework at home and your free lessons.
- You will have revision tasks to complete or exam answers, to practice.

# Be organised; Homework





## After Level 3, what's next?

 This BTEC Level 3 qualification is intended for learners who want to progress into health and social care Level 3 or 4 Apprenticeships

Who want to progress onto university as a
 postgraduate to meet the career requirements, a
 Degree for a particular job role aspiration

OR

Who want to progress straight into employment

# After Level 3, what's next?





It's alright if you have no idea what job or career direction you intend to take now. This qualification explores different jobs and there's work experience

# Careers and job roles

Apprenticeships are on-the-job training and are in a range of careers in health and social care such as SEN School Support Worker or Adult Social Care

https://www.skillsforcare.org.uk/Careers-in-care/Starting-your-career/Apprenticeships/Thinking-of-doing-an-apprenticeship.aspx

#### After Level 3; University Degree jobs such as

- Nursing, all types
- Social Work
- Teaching
- Public Health
- Therapist

Allied Health Professional

- Dietician
- Speech and Language
- Paramedic

...and many, many more

### Teachers Emails...

Subject Lead for H&SC

Mrs Garland
garland.s1@thecoleshillschool.org

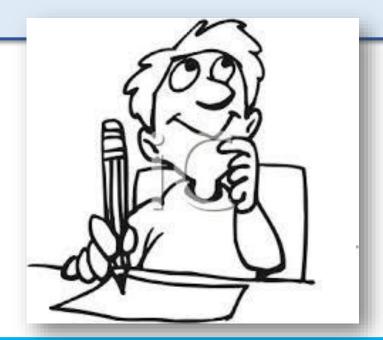
### **Know your NHS Local Services**

What NHS services are available in your community?

Write down as many services that Peterborough has that you can think of, remember to be specific

# Task; Why do you want to study Health & Social Care?

Complete a written piece explaining why you think you want to study Health & Social Care



Research, identify and describe a list of Health and Social Care jobs/medical terms for each letter of the alphabet





THE NEW

#### NATIONAL HEALTH SERVICE

Your new National Health Service begins on 5th July. What is it? How do you get it?

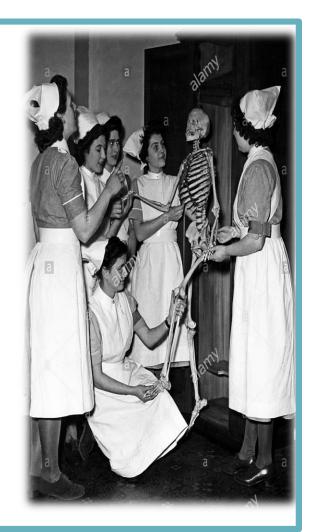
It will provide you with all medical, dental, and nursing care. Everyone—rich or poor, man, woman or child—can use it or any part of it. There are no charges, except for a few special items. There are no insurance qualifications. But it is not a "charity". You are all paying for it, mainly as taxpayers, and it will relieve your money worries in time of illness.

#### History of the NHS

Research and make a leaflet outlining the history of the NHS

#### Include sections on:

- Healthcare before the NHS in the UK
- 2. When/ why the NHS was produced?
- 3. What the NHS does/what services it offers?
- 4. Significance (the importance of the NHS)
- 5. How is the NHS/health care different in other countries choose one country and research their health care and compare, how is it similar and/or different?



#### Research task

#### Choose a professional from the following:

- Midwife,
- Paramedic
- Paediatric nurse
- Nutritionist
- Physiotherapist

Create a fact file for your chosen job role include the following:

- A day in the life of.....
- General roles and responsibilities
- Routes into the role/ qualifications required
  - Skills & qualities
    - Average pay
  - Where they work
- Who they work with......and anything else you think may be suitable

# **Health Campaign**





Design a health campaign poster to raise awareness of peoples understanding of what they need to do in order to eat healthily and how diet affects health. The aim of the health campaign is to raise awareness of healthy eating and nutrition as this may help to change people's behaviour. Include the following:

- What is meant by a 'healthy diet' and 'nutritional values'.
- Information on healthy food swaps.
- How you hope to change people's behaviour around health and nutrition.

#### **Unit 1 Preparation**.

The first unit that you start in September will be **Unit 1 HUMAN LIFESPAN DEVELOPMENT**.

You will cover physical, intellectual, emotional and social development across the human lifespan (from birth to death), and the factors affecting development and the effects of ageing.

In preparation for this unit you try and interview an elderly or 'older' family member. Find out how they developed, Physically, Intellectually, Emotionally and Socially (PIES) during the following life stages (periods of their lives)

- 1.Childhood (3- 8 year old)
- 2.Early Adulthood (19-45 years old)
- 3. Later adulthood (66 + years old)

From your interview, can you find out what factors have influenced their development and the ageing process for them eg: has it been easy (ageing!), diet, stress, relaxation, outlook. Also, what have the effects of ageing been on them?

Example questions to ask:

During your childhood, how did you develop in each of the areas? (PIES)
How did you change in your adult years in terms of physical development/appearance?
How have you developed socially as an adult?

#### **Unit 5 preparation**

#### Skills and Qualities of the health and social care workers

Watch the following videos and consider the questions;

- 1. What skills and qualities do these people show?
- 2. Why could a career working in Health and Social care be rewarding and satisfying?

'Captain Tom breaks all records!'
<a href="https://www.youtube.com/watch?v=VCPrrAfAPpc">https://www.youtube.com/watch?v=VCPrrAfAPpc</a>

'1 million meals' during Covid 19 https://www.youtube.com/watch?v=sXcUJkZyXAY

'Careers in Health and Social Care from Bournemouth University' <a href="https://www.youtube.com/watch?v=yRk8QXEtFbQ">https://www.youtube.com/watch?v=yRk8QXEtFbQ</a>

'A day in the life of a Paramedic' https://www.youtube.com/watch?v=KygCDj AkUo