



WEEK 1

STEP
1

Choose from...

Main

Vegetarian

Combo



STEP
2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Mac N Cheese

to go with
Peas, Sweetcorn

West African Vegetable Rice

to go with
Peas, Sweetcorn

Jacket Potato

to go with
with choice of fillings

Pasta

with choice of fillings
Pasta King - Pomodoro

Mexican Veg Burrito

to go with
Potato Wedges, Corn on the Cob

Fish Finger

to go with
Potato Wedges, Corn on the Cob

Apple Flapjack

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

TUESDAY

Spanish Paella

to go with
Wholemeal Garlic Bread, Broccoli

Vegetable Stir-fry in Black Bean Sauce

to go with
Noodles, Broccoli

Jacket Potato

to go with
with choice of fillings

Pasta

with choice of fillings
Homemade Tomato & Basil Sauce

Theos Chicken Curry Burrito

to go with
Potato Wedges, Corn on the Cob

**Banana & Caramel
Cake**

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

WEDNESDAY

Chicken & Sweetcorn Pie

to go with
Braised Leek with Carrots, Mashed
potato

Plant Based Sausage

to go with
Braised Leek with Carrots, Gravy,
Yorkshire Pudding, Mashed potato

Jacket Potato

to go with
with choice of fillings

Pasta

with choice of fillings
Pasta King - Vegetable Bolognaise

Theos Pulled Pork Wrap

to go with
Potato Wedges, Corn on the Cob

**Orange Drizzle
Cake**

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

THURSDAY

Beef Bolognese

to go with
Spaghetti, Green Beans

Southern Style Quorn Burger

to go with
Mexican Corn Coleslaw, Sweet Potato
Wedges

Jacket Potato

to go with
with choice of fillings

Pasta

with choice of fillings
Homemade Tomato & Basil Sauce

Theos Chicken wrap

to go with
Potato Wedges, Corn on the Cob

Secret Brownie

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

FRIDAY

Gluten free Battered Fish

to go with
Chips, Peas

Southern Fried Chicken Goujons

to go with
Chips, Baked Beans, Peas

Quorn Vegan Fishless Fingers

to go with
Chips, Baked Beans, Peas

Jacket Potato

to go with
with choice of fillings

Pasta

with choice of fillings
Pasta King's BBQ Chicken Torino

Theos Chicken Burrito Grab & Go

to go with
Potato Wedges, Corn on the Cob

Vanilla Ice Cream

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly



WEEK 2

STEP
1

Choose from...

Main

Vegetarian

Combo



STEP
2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Sweet Chilli Quorn Noodles
to go with
Broccoli

Vegetable Lasagne
to go with
Broccoli

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Pasta King - Chinese Veg Curry

Jerk Vegetable Burrito
to go with
Potato Wedges, Corn on the Cob

Fish Finger
to go with
Potato Wedges, Corn on the Cob

Raspberry Ripple
Arctic Roll

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

TUESDAY

Chicken Balti Curry
to go with
Wholegrain Rice, Naan Bread

Tomato and Chick Pea Masala
to go with
Wholegrain Rice, Naan Bread

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Theos Chicken Curry Burrito
to go with
Potato Wedges, Corn on the Cob

Apple & Banana
Crisp

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

WEDNESDAY

Roast Turkey NR
to go with
Roast New Potatoes with Rosemary, Honey Roast
Parsnips, Gravy, Sage & Onion Stuffing, Carrots

Quorn Roast
to go with
Roast New Potatoes with Rosemary, Honey Roast
Parsnips, Gravy, Sage & Onion Stuffing, Carrots

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Pasta King's Chicken Italiano

Theos Pulled Pork Wrap
to go with
Potato Wedges, Corn on the Cob

Sticky Toffee
Pudding

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

THURSDAY

Piri Piri Chicken Burger
to go with
Coleslaw, Peas, Sweet Potato Wedges

Sloppy Joe Quorn Burger
to go with
Coleslaw, Potato Wedges

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Theos Chicken wrap
to go with
Potato Wedges, Corn on the Cob

Fruity Shortbread

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

FRIDAY

Gluten free
Battered Fish

Southern Fried Chicken Goujons
to go with
Chips, Baked Beans, Peas

Vegan Nuggets
to go with
Chips, Baked Beans, Peas

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Pasta King's BBQ Chicken Torino

Theos Chicken Burrito Grab & Go)
to go with
Potato Wedges, Corn on the Cob

Glazed Doughnut

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly



WEEK 3

STEP
1

Choose from...

Main

Vegetarian

Combo



STEP
2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Spicy Singapore Noodles
to go with
Sweetcorn

Vegetarian Burger
to go with
Potato Wedges, Sweetcorn

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Veggie Burrito
to go with
Potato Wedges, Sweetcorn

Fish Finger
to go with
Potato Wedges, Corn on the Cob

Lemon Drizzle Cake

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

TUESDAY

Sweet Sticky Turkey Fajitas
to go with
Corn on the Cob, Herby Rice

Vegetable Pasta Bake Creamy Tomato
Sauce & Melted Cheese
to go with
Wholemeal Garlic Bread, Broccoli

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Pasta King - Chicken Tikka

Theos Chicken Curry Burrito
to go with
Potato Wedges, Corn on the Cob

Apple Crumble

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

WEDNESDAY

Roast Chicken
to go with
Yorkshire Pudding, Roast Potatoes,
Carrots, Cauliflower

Cottage less Pie
to go with
Yorkshire Pudding, Roast Potatoes,
Carrots, Cauliflower

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Theos Pulled Pork Wrap
to go with
Potato Wedges, Corn on the Cob

**Fruity Chocolate
Traybake**

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

THURSDAY

Mexican Beef Lasagne
to go with
Peas, Sweetcorn

Chilli None Carne & Nachos
to go with
Wholegrain Rice, Peas, Sweetcorn

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Pasta King - Chicken Torino

Theos Chicken wrap
to go with
Potato Wedges, Corn on the Cob

**Orange & Mango
Ice Smoothie**

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

FRIDAY

Battered Fish
to go with
Chips, Baked Beans, Peas

Southern Fried Chicken Goujons
to go with
Chips, Baked Beans, Peas

Vegan Nuggets
to go with
Chips, Baked Beans, Peas

Jacket Potato
to go with
with choice of fillings

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Theos Chicken Burrito Grab & Go
to go with
Potato Wedges, Corn on the Cob

Carrot Cake

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

Please speak to a member of the Catering Team or view atn.relishons.com for Allergen Information.