



# WEEK 1

STEP  
1

Choose from...

**Main**

**Vegetarian**

**Combo**



STEP  
2

...and to finish!



Bread and Salad will be available at Lunch Times

## MONDAY

**Spring Roll**

to go with

Noodles, Braised Leeks & Mushrooms

**Vegetable Teriyaki Noodles**

to go with

Braised Leeks & Mushrooms

**Jacket Potato**

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

**Raspberry Ripple Arctic Roll**

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## TUESDAY

**Fruity Caribbean Chicken Curry**

to go with

Mixed Salad, Savoury sticky Vegetable rice

**Mac N Cheese**

to go with

Garlic Bread, Mixed Salad

**Jacket Potato**

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

**Greek Yogurt & Berry Eton Mess**

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## WEDNESDAY

**Rosemary Chicken with Tomato Sauce**

to go with

New Potatoes, Roasted Mediterranean Vegetables

**Veggie Toad in the Hole**

to go with

New Potatoes, Roasted Mediterranean Vegetables

**Jacket Potato**

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

**Fruit Slice**

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## THURSDAY

**Brioche Beef Burger**

to go with

Corn on the Cob, Herby Diced Potatoes

**Vegetarian Burger**

to go with

Corn on the Cob, Herby Diced Potatoes

**Jacket Potato**

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

**Chocolate Sponge**

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## FRIDAY

**Southern Fried Chicken Goujons**

to go with

Mushy Peas, Chips, Baked Beans

**Vegan Nuggets**

to go with

Mushy Peas, Chips, Baked Beans

**Jacket Potato**

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

**Muffin Lemon Drizzle**

Fresh Fruit Pot, Cheese and Biscuits, Jelly

Please speak to a member of the Catering Team or view [atnrelishions.com](http://atnrelishions.com) for Allergen Information





# WEEK 2

STEP  
1

Choose from...

**Main**

**Vegetarian**

**Combo**



STEP  
2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mushroom Curry</b> to go with Peas, Fragrant Basmati Rice	<b>Chicken &amp; Spinach Pasta</b> to go with Garlic Bread, Broccoli, carrots & peas	<b>Pork Sausage</b> to go with Mashed potato, Onion Gravy, Cabbage	<b>Beef Goulash</b> to go with Green Beans & red peppers, Mediterranean Rice	<b>Battered Fish</b> to go with Chips, Baked Beans, Minted Peas
<b>Veggie Chilli</b> to go with Peas, Fragrant Basmati Rice	<b>Vegetable Chow Mein Noodles</b> to go with Garlic Bread, Broccoli, carrots & peas	<b>Vegetarian Cottage Pie</b> to go with Cabbage, Onion Gravy	<b>Boston Bean Taco</b> to go with Green Beans & Mixed Peppers	<b>Vegan Nuggets</b> to go with Chips, Baked Beans, Minted Peas
<b>Jacket Potato</b> with choice of fillings Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans	<b>Jacket Potato</b> with choice of fillings Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans	<b>Jacket Potato</b> with choice of fillings Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans	<b>Jacket Potato</b> with choice of fillings Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans	<b>Jacket Potato</b> with choice of fillings Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans
<b>Chocolate Crunch</b> Fresh Fruit Pot, Cheese and Biscuits, Jelly	<b>Peach Slice</b> Fresh Fruit Pot, Cheese and Biscuits, Jelly	<b>Apple &amp; Blackberry Crumble</b> Fresh Fruit Pot, Cheese and Biscuits, Jelly	<b>Strawberry Yogurt Cheesecake</b> Fresh Fruit Pot, Cheese and Biscuits, Jelly	<b>Chocolate Cookies</b> Fresh Fruit Pot, Cheese and Biscuits, Jelly

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# WEEK 3

STEP  
1

Choose from...

**Main**

**Vegetarian**

**Combo**



STEP  
2

...and to finish!



Bread and Salad will be available at Lunch Times

## MONDAY

### Vegetarian Bolognese

to go with

Tomato Rocket & Onion Salad, Sweet Potato Wedges

### Sweet & Sour vegetable StirFry

to go with

Tomato Rocket & Onion Salad, Sweet Potato Wedges

### Jacket Potato

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

### Mixed Berry Yogurt Delight & Cookie

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## TUESDAY

### Chicken Tikka Masala

to go with

Rice & Peas, Sweetcorn with red peppers

### Jamaican Vegetarian Curry

to go with

Rice & Peas, Sweetcorn with red peppers

### Jacket Potato

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

### Iced Jamaican Ginger Cake

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## WEDNESDAY

### Roast Beef & Yorkshire Pudding

to go with

Gravy, Roast Potatoes, Cabbage & Carrots

### Cheesy Leek and Potato Pie

to go with

Gravy, Roast Potatoes, Cabbage & Carrots

### Jacket Potato

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

### Blueberry Blondie

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## THURSDAY

### Creamy Garlic Chicken Pasta

to go with

Flat Bread, Broccoli, carrots & peas

### West African Vegetable Rice

to go with

Flat Bread, Broccoli, carrots & peas

### Jacket Potato

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

### Jam Doughnuts

Fresh Fruit Pot, Cheese and Biscuits, Jelly

## FRIDAY

### Southern Fried Chicken Goujons

to go with

Chips, Baked Beans, Peas

### Salmon Fish Fingers

to go with

Chips, Baked Beans, Peas

### Quorn Vegan Fishless Fingers

to go with

Chips, Baked Beans, Peas

### Jacket Potato

with choice of fillings

Grated Cheese, Baked Beans, Tuna Mayo, Cheese & Beans

### Secret Brownie

Fresh Fruit Pot, Cheese and Biscuits, Jelly