



WEEK 1

STEP 1

Choose from...

Main

Vegetarian

Combo



STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Cheese & Tomato Pizza

to go with

Tomato Pasta Side

Falafel & Mango Pitta

to go with

Tomato Pasta Side

^Jacket Potato

with choice of fillings

Grated Cheese, Salmon Mayo

Vanilla Ice Cream

Fresh Fruit Bar

TUESDAY

Fruity Caribbean Chicken Curry

to go with

Flat Bread, Sunshine Rice

Cauliflower, lentil & Spinach Curry

to go with

Flat Bread, Sunshine Rice

^Jacket Potato

with choice of fillings

Grated Cheese

Apricot Flapjack

Fresh Fruit Bar

WEDNESDAY

Roast Chicken

to go with

Gravy, Roast Potatoes, Sage & Onion Stuffing, Cabbage & Carrots

Quorn Fillet

to go with

Gravy, Roast Potatoes, Sage & Onion Stuffing, Cabbage & Carrots

^Jacket Potato

with choice of fillings

Grated Cheese

Mixed Berry Yoghurt

Fresh Fruit Bar

THURSDAY

Chimichurri Wings

to go with

Tabouleh Salad, Garlic Bread

Mac N Cheese

to go with

Broccoli, Garlic Bread

^Jacket Potato

with choice of fillings

Grated Cheese

Mandarin Cheesecake

Fresh Fruit Bar

FRIDAY

Battered Fish

to go with

^Chips, Baked Beans, Peas

Spring Roll

to go with

^Chips, Baked Beans, Peas

^Jacket Potato

with choice of fillings

Grated Cheese

Chocolate Sponge

to go with Custard

Fresh Fruit Bar

Please speak to a member of the Catering Team or view [atpre.ishops.com](http://pre.ishops.com) for Allergen Information.



WEEK 2

STEP



Choose from....

Main

Vegetarian

Combo



STEP



...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Cheese & Tomato Pizza

to go with

Tomato Pasta Side

5 Bean Chilli Loaded Nachos

to go with

Red Cabbage & Pickled Chilli Slaw

^ Jacket Potato

with choice of fillings

Grated Cheese

Raspberry Ripple Arctic Roll

Fresh Fruit Bar

TUESDAY

Chinese Roast Chicken

to go with

Egg Fried Rice, Broccoli

Vegetable Teriyaki Noodles

to go with

Broccoli

^ Jacket Potato

with choice of fillings

Grated Cheese

Fruity Shortbread

Fresh Fruit Bar

WEDNESDAY

Roast Pork

to go with

Yorkshire Pudding, Gravy, Sage & Onion Stuffing, Cabbage & Carrots, Mashed potato

Vegetarian sausage

to go with

Yorkshire Pudding, Gravy, Sage & Onion Stuffing, Cabbage & Carrots, Mashed potato

^ Jacket Potato

with choice of fillings

Grated Cheese

Strawberry Yoghurt Cheesecake

Fresh Fruit Bar

THURSDAY

Loaded Katsu Crispy Chicken Burger

to go with

Coleslaw, ^Potato Wedges

=Quorn Fully Loaded Chilli Dog

to go with

Coleslaw, ^Potato Wedges

^ Jacket Potato

with choice of fillings

Grated Cheese

Banana and Honey Cake

Fresh Fruit Bar

FRIDAY

Battered Fish

to go with

^Chips, Baked Beans, Peas

Jerk Quorn Fillet

to go with

^Chips, Baked Beans, Peas

^ Jacket Potato

with choice of fillings

Grated Cheese

Chocolate Crunch

to go with Custard

Fresh Fruit Bar

Please speak to a member of the Catering Team or view at prelishop.com for Allergen Information.

WEEK 3

Choose from...

Main

Vegetarian

Combo



STEP 2 ...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese & Tomato Pizza to go with Tomato Pasta Side	Beef Meatballs with Marinara Sauce to go with Green Beans, Wholemeal Penne Pasta	Roast Turkey & Stuffing to go with Gravy, Roast Potatoes, Sage & Onion Stuffing, Broccoli, carrots & peas	Louisiana BBQ Beef Burger to go with Half Jacket Potato, BBQ Baked Beans	Battered Fish to go with Chips, Baked Beans, Peas
Quorn Burritos to go with Tomato Pasta Side	Falafel in Tomato Sauce to go with Green Beans, Wholemeal Penne Pasta	Quorn Fillet to go with Gravy, Roast Potatoes, Sage & Onion Stuffing, Broccoli, carrots & peas	Falafel & Spinach Burger to go with Half Jacket Potato, BBQ Baked Beans	Spring Roll to go with Chips, Baked Beans, Peas
Jacket Potato with choice of fillings Grated Cheese	Jacket Potato with choice of fillings Grated Cheese	Jacket Potato with choice of fillings Grated Cheese	Jacket Potato with choice of fillings Grated Cheese	Jacket Potato with choice of fillings Grated Cheese
Orange & Mango Ice Smoothie Fresh Fruit Bar	Blueberry Blondie Fresh Fruit Bar	Yogurt & Berry Eton Mess Fresh Fruit Bar	Peach Slice Fresh Fruit Bar	Chocolate Brownie to go with Custard Fresh Fruit Bar

Please speak to a member of the Catering Team or view allrelishops.com for Allergen Information.