



WEEK 1

STEP 1

Choose from...

Main

Vegetarian

Combo



STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Jamaican Vegetarian Curry

to go with

Naan Bread, Sunshine Rice

Vegetarian Bolognese

to go with

Wholemeal Penne Pasta

Jacket Potato

with choice of fillings

Grated Cheese, Salmon Mayo, Hot Filling of the Day

Vanilla Ice Cream

Fresh Fruit Bar

TUESDAY

Smokey BBQ Chicken Casserole

to go with

Parsley Potatoes, Bread Roll

Mexican Veg Burrito

to go with

Parsley Potatoes, BBQ Beans

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Banoffee Pie

Fresh Fruit Bar

WEDNESDAY

Roast Chicken

to go with

Gravy, Roast Potatoes, Sage & Onion Stuffing, Cabbage & Carrots

Vegetarian Cottage Pie

to go with

Gravy, Roast Potatoes, Cabbage & Carrots

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Mixed Berry Yogurt Delight & Cookie

Fresh Fruit Bar

THURSDAY

Cottage Pie

to go with

Honey Roast Parsnips, Broccoli

Vegetarian English Breakfast

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Sticky Date Pudding with Caramel Sauce

Fresh Fruit Bar

FRIDAY

Battered Fish

to go with

Chips, Baked Beans, Peas

Veggie Nuggets

to go with

Chips, Baked Beans, Peas

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Choc drizzled Shortbread
to go with Custard

Fresh Fruit Bar



WEEK 2

STEP 1

Choose from...

Main

Vegetarian

Combo



STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Jerk Quorn Fillet

to go with

Rice & Peas, Flat Bread

***Vegetable Chow Mein Noodles**

to go with

Mini Veg Spring Rolls

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Orange & Mango Ice Smoothie

Fresh Fruit Bar

TUESDAY

Oriental Wings

to go with

Vegetable Cous Cous, Garlic Bread

Vegetable Lasagne

to go with

Broccoli, Garlic Bread

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Citrus Sponge

Fresh Fruit Bar

WEDNESDAY

Cumberland Sausage

to go with

Yorkshire Pudding, Gravy, Cabbage & Carrots, Mashed potato

Veggie Toad in the Hole

to go with

Gravy, Cabbage & Carrots, Mashed potato

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Raspberry Mousse with a Vanilla Biscuit

Fresh Fruit Bar

THURSDAY

Chinese Chicken & Veg Noodles

to go with

Mini Veg Spring Rolls

Smokey BBQ Veggie Sausage Casserole

to go with

Bread Roll

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Jammy Slice

Fresh Fruit Bar

FRIDAY

Battered Fish

to go with

Mushy Peas, Chips, Baked Beans

Vegetarian Fishless Fingers

to go with

Mushy Peas, Chips, Baked Beans

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Chocolatey Rock Cakes
to go with Custard

Fresh Fruit Bar



WEEK 3

STEP 1

Choose from...

Main

Vegetarian

Combo



STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Vegetable Tikka Masala

to go with

Wholegrain Rice, Naan Bread

Mac N Cheese

to go with

Broccoli, Garlic Bread

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Ring Doughnuts

Fresh Fruit Bar

TUESDAY

Chicken Burger with Yogurt & Tomato Relish

to go with

Coleslaw, Potato Wedges

Loaded Katsu Bean Burger

to go with

Coleslaw, Potato Wedges

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Orange Mallow Sponge

Fresh Fruit Bar

WEDNESDAY

Roast Pork

to go with

Gravy, Roast Potatoes, Sage & Onion Stuffing, Broccoli, carrots & peas

Quorn Fillet

to go with

Gravy, Roast Potatoes, Sage & Onion Stuffing, Broccoli, carrots & peas

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Strawberry Yoghurt Cheesecake

Fresh Fruit Bar

THURSDAY

Beef Lasagne

to go with

Green Beans, Garlic Bread

Golden Spanish Paella

to go with

Green Beans, Garlic Bread

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Pineapple Iced Muffin

Fresh Fruit Bar

FRIDAY

Battered Fish

to go with

Mushy Peas, Chips, Baked Beans

Quorn Fully Loaded Chilli Dog

to go with

Chips, Baked Beans

Jacket Potato

with choice of fillings

Grated Cheese, Hot Filling of the Day

Chocolate Brownie

to go with Custard

Fresh Fruit Bar